

2024 LINEUP		FRIDAY 11/25	SATURDAY 11/26	SUNDAY 11/27	
THE LOOP	MAIN STAGE	SAUNA VILLAGE	ZEN ZONE & COMMUNITY GTM	LEARNING LAB	EXPERIMENTAL EXPO
1					OPEN ACCESS TO EXPERIMENTAL EXPO
2		OPEN ACCESS TO SAUNA VILLAGE			
3			GUIDED YOGA WITH LYT FOUNDER LARA HEIMANN	RACE PREP WITH COACH CHRIS HAUTH	
4				INTENTION SETTING WITH AMANDA SELLERS	
5				PILLOW TO PODIUM WITH TODD ANDERSON	
6		INTRO TO COLD EXPOURE WITH PLUNGE	GROUP WORKOUT WITH PROMIX ATHLETE RASHAAD SLOWLEY	THE RUN WALK METHOD WITH JEFF GALLOWAY	
7		WORLD'S HOTTEST PARTY			
8		OPEN ACCESS TO SAUNA VILLAGE			
9					
10					
11					

2024 LINEUP		FRIDAY 11/25	SATURDAY 11/26	SUNDAY 11/27	
THE LOOP	MAIN STAGE	SAUNA VILLAGE	ZEN ZONE & COMMUNITY GTM	LEARNING LAB	EXPERIMENTAL EXPO
7					OPEN ACCESS TO EXPERIMENTAL EXPO
8					
9		OPEN ACCESS TO SAUNA VILLAGE AND ICE CAMP			
10					
11					
12					
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					

2024 LINEUP		FRIDAY 13/9	SATURDAY 14/9	SUNDAY 15/9	
THE LOOP	MAIN STAGE	SAUNA VILLAGE	ZEN ZONE & COMMUNITY GTM	LEARNING LAB	EXPERIMENTAL EXPO
7					OPEN ACCESS TO EXPERIMENTAL EXPO
8					
9					
10					
11					
12					
1					
2					
3					